

Home Cooking a Personal Narrative



Nothing says homecooking like a true story about an event or a series of events that tell about a personal experience or something that happened to someone else (like a friend or member of your family).

1. Before you can begin to cook think about an experience that happened to you or someone you know. If you are sure other people will like the flavor of the memory start by gathering the following ingredients (see worksheet): **describe the event... what did you see, hear, feel, and learn?**
2. Remember to sprinkle the word "I" into your narrative as you start adding ingredients in the following order:
 - * **Write an introduction** - it should include a savory tidbit that will entice your reader and tell him what your story will be about.
 - * **Write about the events in the order in which they happened.** Describe what happened first, second, third, etc.
 - * **Sift sensory details into the mix...**describe how something tasted or what something looked or felt like. Help the reader feel like he is part of the story.
 - * **Fold in a conclusion** that tells the reader why the experience was important and what can be learned from it.
3. Once you have blended the above ingredients to your satisfaction, review the **ingredients checklist**. Bake in a warm oven until firm . Serve warm.